

Rhythm of the Universe



A simple guide to
understanding who you
are using the ancient tool
of Numerology

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Thank you for purchasing this eBook “Rhythm of the Universe”

Numerology can assist you in understanding who you are, your talents, gifts, passions; what you’re here to do and the journey you will take to get there; your challenges and your karmic lessons this lifetime. It sheds light of life’s big questions, the ones that have us asking ‘Who am I and why am I here?’

Furthermore it helps us understand the cycles and rhythm of the Universe and when we understand this the flow of life just gets so much easier. When you apply the principles of Universal and Personal energy, not only will you understand your personal needs a little better but you also start to work in unison with the universe; meaning that you not only work more effectively, but it also takes a lot less effort.

I would love to hear back from you... so I invite you to connect with me on my [Facebook](#) page, say hello, leave a comment — I read all of them.

I would also love you join my Woo Woo Tribe, simply by joining my [Mailing List](#).

Until our paths cross, may your journey be blessed and full of magic.

Samantha xx



Internationally Respected

Samantha Gillard

Psychic Medium | Healer | Teacher | Mentor



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What is Numerology?

I work with numbers but I'm not an accountant or mathematician!

Numerology is the science of numbers and their vibration. Everything in the universe is energy and all energy vibrates at differing frequencies and speeds. Within the field of Numerology, each number vibration holds a particular energy. Remember that energy attracts energy so the numerological vibration will influence what you are attracting in or giving out.

Numerology can provide us with an insight into who we are and how we operate within the world. It can guide us, inspire us and help each of us understand ourselves a little better. Numerology is a science within itself and one can easily get lost in just how in-depth and revealing the analysis of numbers and letters can be. From understanding your personality, your dreams, and your destiny, to revelations regarding karmic patterns, challenges and traits... It can all be found within this ancient science of Numerology.

Understanding the basics

Numerology works with numbers usually in their single digit form (1-9), however there are exceptions to this rule when it comes to numbers which are considered Master Numbers. These Master Numbers are 11, 22 and 33 (discussed below).

Each number has both positive aspects and also challenging aspects. Such is the balance in every aspect of nature. Remember that the challenging aspects can be our greatest gifts, the very aspects that allow us to grow and reach our fullest potential, so do not shy away from these aspects of your numerological profile they are simply messengers of a gift unopened.

Is Numerology complicated?

Firstly, you do not have to be a maths genius to calculate your numbers! It is simple adding, that's it! As part of my psychology degree I studied statistics for years, yet for the life of me I cannot add without a calculator! So feel free to grab a calculator, I promise it will be simple and painless!



The process simply involves adding across until you reach a total. Once you have the total you simply add those numbers together until you get a single digit from 1-9. There is an exception to this rule when it comes to numbers which are considered Master Numbers.

Master Numbers

A master number (11, 22, 33) are evidence of much potential, however they're not an easy road to travel. It requires maturity, commitment and effort to realise the potential of a master number. A Master Number can be expressed as its highest vibration or as a magnification of energy expressed in the single digit that it collapses down to 11/2, 22/4 and 33/6.

Life Path

The most important aspect of Numerology is determining your **Life Path**, which is basically the journey you are going to walk, run, or perhaps drag your heels on. It is **the ruling energy** or force motivating and propelling you through this earthly journey.

Life Path Number Calculation

Calculating your life path is as simple as adding all the digits of your full birthdate together and then adding the sum total together until you reach a single digit. In instances where you reach a Master Number (11, 22, 33) you represent them as 11/2, 22/4, 33/6 and may choose to look at the key themes for both.

EXAMPLE ONE:

Bella May Blue 12th November, 1983

Life Path Number for Bella May Blue is 8

	Day	Month	Year	Life Path #	
DOB	12 th	November (11 th Month)	1983		
Calculation	1+2	+1+1	+1+9+8+3	=26 (2+6=8)	8

Bella has natural leadership skills, ambition, and is extremely goal oriented. Success is important to her and she has a willingness to work towards her goals. Bella has the potential to be very successful in business, which results in the accumulation of wealth and abundance. It will be important for Bella to balance the need to accumulate without expressing the energy of greed.



EXAMPLE TWO:

Oprah Gail Winfrey January 29, 1954

Life Path Number for Oprah Winfrey is 4

	Day	Month	Year	Life Path Number	
DOB	29th	January (1 st Month)	1954		
Option 1	2+9	+1	+1+9+5+4	=31 (3+1)=4	4

With a Life Path number of 4, you begin to get an appreciation for just how hard Oprah has worked to get where she has. Her determination, practicality and dedication to hard work see her create amazing foundations for success. Working for Oprah would mean that you would need to work exceptionally hard and manage some high expectations and a big workload.

YOUR LIFE PATH

Your D.O.B ____/____/____

Life Path Number

	Day	Month	Year	Life Path Number	
DOB					
Calculation					

Notes:

Life Path Themes – Quick Reference

It is recommended that in addition to the Summary listed here that you also refer to the General Meaning Summary on page 44-47 for further insights and information.



Life Path Summary

Life Path 1

You are here to learn about individuality and independence. Being able to stand on your own is important in your life. A person with Life Path 1 is a natural born leader who works hard and has a strong drive to be number one. Because of this strong motivation and desire it is no surprise that they are fantastic at achieving their goals; engaging their determination and self-motivation to accomplish the task at hand. With a pioneering spirit that is full of energy and passion to accomplish great things in their lifetime, they usually do not let too many obstacles stand in the way. It is important that you learn to stand in your own power and rock your own rhythm.

Life Path 2

The key to people with a Life Path 2 is relationships, cooperation, and being considerate and thoughtful of others. You are here to learn about cooperation and compromise and as such are often sensitive, thoughtful, gentle natured and natural peacemakers and/or mediators. Supporting others is also important to your life path and you will often welcome the companionship and chance to share your life with others. Because of your sensitivity, loyalty and loving spirit, you make an excellent friend or lover.

Life Path 3

You have a great talent in self-expression and creativity. You are here to learn to express yourself and communicate what is important in your life. This abundance of creative energy, and the ease with which you are able to communicate in all areas, both written word and verbal, could lead you to become a poet, actor, writer, artist or musician. You can be such a crowd drawer and people generally love to be with you because not only are you a great listener who is conscious of people's feelings, your optimism, extreme generosity and charisma make you a crowd favourite.

Life Path 4

You're are determined, practical, hardworking and best of all you actually enjoy hard work because you get a sense of reward and fulfilment from it. You are here to learn practicality and self-discipline. You love planning, being organised and structured. Be mindful that you have a tendency to be too set in your ways or resistant to change. Building stability in your life now for the future is important in your life. Be mindful that as the worker bees of the world, not everyone shares your enthusiasm and sense of accomplishment from hard work, your expectations of other people may need to be managed.



Life Path 5

Change, transformation, freedom and adventure are the undertones of your life path. You are here to learn versatility, freedom and patience. Creating adaptability and learning to embrace change is important in your life. You are described as the free spirits of the world who need variety, adventure and new experiences to thrive. People with this life path are compassionate souls, however at times their quest for experience can lead them to be distracted and unaware of the feelings of those around them. They find it impossible to settle down for lengths of time and sometimes experience relationships as smothering, evoking a sense of feeling trapped.

Life Path 6

You find a great deal of satisfaction when your life revolves around home and family. Indeed, you are here to be of service to your family and community as you are loving, warm, understanding, compassionate, responsible and reliable. Your motivation is being useful to and pleasing others. Nurturing others is important in your life and you are an excellent caretaker and provider, especially with your family and friends. But the key is to learn to be of service to those you assist and not a doormat or servant.

Life Path 7

You are a deep thinker and often have an air of aloofness about you. Getting away into nature serves you well as you are most comfortable by yourself and are much more at home in the peace and quiet of nature than the buzz of the big city. You are seen as spiritual, original, independent, intellectual, analytical, intuitive, reserved, aloof, pessimistic and perhaps even eccentric. You are here to study, research, observe and learn. Solving life's mysteries is important in your life.

Life Path 8

You have natural leadership skills, ambition, and are extremely goal oriented. Success is important in your life. Because of this, in addition to your willingness to work towards your goals you are often very successful in business and in accumulating wealth and abundance. This accumulation of wealth is often in reaction to the need to create a sense of safety through financial security. You are here to learn the balance required between the material and the non-material. Although they can sometimes appear insensitive (due to their tendency to be blunt); this couldn't be further from the truth as they feel deeply about everything that goes on in their lives.



Life Path 9

People with a Life Path 9 are humanitarians as they have an extremely strong sense of compassion and generosity. You are selfless and helping others is very important to you, however there is a need to learn to speak up when you need help, love or perhaps a hug. Your natural leadership skills come into play in your service and willingness to assist others even when you have not been asked to do so. You give freely of your time, energy and money; this coupled with your gentle and friendly nature makes you a likeable person. Making the world a better place is important in your life.

Life Path 11

People with a life path 11 are highly intuitive, with a great understanding of others. Their intuition lends itself to being gifted as healers and psychics as they are spiritually aware and often visionary. Given that this is a master number, the challenge of this number is to play it at its highest vibration and not as a magnified version of a 2 life path. Whilst you are spiritually aware, a visionary, inspiring, charismatic, inventive, and a deep thinker, your challenge is not to be overcome by your fears, phobias or a sense of being overwhelmed with your gifts.

Life Path 22:

People with a Life path of 22 have enormous spiritual understanding. The ability to apply this in a practical way aligns you with incredible success. Life path 22 is considered the most powerful of all the numbers and is associated with being a Master Builder meaning you have the potential to truly turn your dreams into reality. You have the great visionary and intuitive insights of the 11 but with the foundations of the practicality of the 4. The challenges are high and someone with this vibration can easily waste their potential if their fear of failure, lack of practicality or if their goals are self-serving rather than being directed for the higher good of humanity.

Life Path 33

Although a life path of 33 is rare, when it does happen you are looking at a Master Teacher or great Spiritual teacher. This individual's focus is on reaching the world and uplifting the loving energy of the earth and all those people who live in it. They are not concerned with personal ambition, and have great devotion to the cause. Remembering that a 33 is also a magnification of the 6 life path, they therefore have the magnified nurturing and responsible qualities of a 6.



Destiny Number

Your **Destiny Number** (often seen as the second most important number within your numerological profile) is sometimes referred to as your **life purpose** or expression number. According to numerologist Michelle Buchanan many Numerologists believe that this destiny number is an accumulation of past life achievements (Buchanan, The Numerology Guidebook, 2013). As the name implies it is **the area that must be developed in order to be most successful version of yourself** or in other words to have fulfilled your fullest potential this life time.

Calculating your Destiny Number

In order to calculate your Destiny Number you will need to know your full name at birth. Even if you are currently known by another name, most numerologists believe that your birth name provides the greatest window into your destiny and that this name vibration will continue to remain with you and any adaptations to this name will simply work alongside it to shape your destiny.

Using the Western Pythagorean Chart, simply give each letter in your name the corresponding value. Once every letter is assigned a value (using the chart) simply add the numbers up to get your Destiny Number. In instances where you reach a Master Number (11, 22, 33) you represent them as 11/2, 22/4, 33/6 and may choose to look at the key themes for both.

Western Pythagorean Chart

1	2	3	4	5	6	7	8	9
A	B	C	D	E	F	G	H	I
J	K	L	M	N	O	P	Q	R
S	T	U	V	W	X	Y	Z	



EXAMPLE ONE:

Birth Name: **Bella May Blue**

Destiny Number for Bella May Blue is 3

Options	B	E	L	L	A	M	A	Y	B	L	U	E	Calculations
1	2	5	3	3	1	4	1	7	2	3	3	5	=39 3+9=12 1+2=3
2	14 (1+4)= 5					12 (1+2)= 3			13 (1+3)= 4			=12 1+2=3	=3

The Destiny Number is the area that must be developed in order to be most successful version of yourself. With a Destiny Number of 3 Bella has an expressive and creative approach to life. Her charisma, coupled with her ability to communicate effectively, and share her insightful and often deep views with an audience makes Bella an ideal artist, writer, actor or communicator.

EXAMPLE TWO:

Birth Name: **Oprah Gail Winfrey**

Destiny Number for Oprah Winfrey is 7

Options	O	P	R	A	H	G	A	I	L	W	I	N	F	R	E	Y	Calculations
1	6	7	9	1	8	7	1	9	3	5	9	5	6	9	5	7	=97 9+7=16 1+6=7
2	31 (3+1)= 4					20 (2+0)= 2				46 (4+6)= 10 (1+0)=1							=7

The Destiny Number is the area that must be developed in order to be most successful version of yourself. With a Life Path of 7, Oprah certainly had a mindful and intuitive approach to life. Her own search for greater understanding and deeper meaning to life, led her to explore philosophical, spiritual, and/or metaphysical pursuits. Because of her other numbers which we explore later she also was able to share this quest with her audience.

CALCULATING YOUR DESTINY NUMBER:

Birth Name: _____

Destiny Number

NAME																	Calculations
NUMBER																	
ADD																	



Destiny Number Themes – Quick Reference

It is recommended that in addition to the Summary listed here that you also refer to the General Meaning Summary on page 44-47 for further insights and information.

Destiny Number Summary

Destiny 1

You have an independent and unique approach to life. With your pioneering spirit and leadership skills you have the ability to go where few travel and pave your own road to create your destiny. With your risk taking courage, your willingness to work harder than most, the world really is your oyster, but you are best suited in autonomous positions or roles of leadership.

Destiny 2

You have the spirit of cooperation and peacemaking as your approach to life. With your understanding nature and skilled diplomacy you are able to mediate and facilitate harmony and compromise. Your intuition, natural listening skills and desire to help people you make a great healer, alternative therapist or counsellor.

Destiny 3

You have an expressive and creative approach to life. Your charisma, coupled with your ability to communicate effectively and share your insightful and often deep views with an audience makes you an ideal artist, writer, actor or communicator.

Destiny 4

You have a practical and down to earth approach to life. You are often seen as the rock or the pillar of strength for people, the one that can be relied on to sort things and get things done. You know what needs to get done to get results and you aren't afraid to put in the hard yards to achieve it.

Destiny 5

You have a versatile and hands on approach to life. You love new experiences and variety certainly is the spice of life. You are often referred to as the "Jack/Jill of all trades" because of your versatility and willingness to always try something new.



Destiny 6

You have a nurturing approach to life. You are the earth angels; the helpers, carers and nurturers of this life and all in it. You love to assist people and you get a lot of joy, satisfaction and indeed validation from this role.

Destiny 7

You have a mindful and intuitive approach to life. Your search for greater understanding often leads you to be drawn to philosophical, spiritual, and/or metaphysical pursuits in your quest for deeper meaning.

Destiny 8

Your ambition, drive and willingness to work hard mean you are often destined for great success with regard to business and career. Balancing the material world and spiritual world is the key to being able to put your gifts and talents to great use.

Destiny 9

Your compassion, your idealist nature and desire to inspire people and humanity to aim for a higher standard make you great ambassador and activists for social issues and humanitarian causes.

Destiny 11

With your unique blend of logic, creativity and intuition, if you can channel this energy in productive ways you are unstoppable. However keeping this delicate balance can be a challenge and you can often find yourself overwhelmed with your emotions.

Destiny 22

With the energy of the Master Builder you are destined to build and create with your visionary qualities and your leadership abilities. You have what it takes to see your project to completion.

Destiny 33

With this master number you are destined to infuse the world with love, joy and happiness which in turn brings healing on so many levels to the world. You have many talents guided towards assisting the greater good of the world.



Minor Expression Number

Calculating your Destiny Number or full Expression Number requires your full name at the time of your birth. However, the majority of us do not use our full name in its entirety; we usually only use our first and surname. Furthermore, many of us (including me) shorten our first names. It is the **Minor Expression Number** that takes into account **name changes through life**, such as marriage, adoption, name spiritual name and names changed by choice. Whilst your full birth name provides that greatest window into your destiny; **adaptations to this name will simply work alongside it to shape or enhance this destiny** in what is referred to as a Minor Expression Number.

Calculating Your Minor Expression Number

Using the Western Pythagorean Chart below, simply give each letter in your abbreviated or changed name the corresponding value. Once every letter is assigned a value (using the chart) simply add the numbers up to get your Destiny Number. In instances where you reach a double digit of 11, 22, 33 (Master Number); you represent them as 11/2, 22/4, 33/6 and look at the key themes for both.

Western Pythagorean Chart

1	2	3	4	5	6	7	8	9
A	B	C	D	E	F	G	H	I
J	K	L	M	N	O	P	Q	R
S	T	U	V	W	X	Y	Z	



EXAMPLE ONE:

Birth Name: Bella May Blue

Minor Expression Name:

Bella Smith (Married Name, No Middle Name)

Options	B	E	L	L	A		S	M	I	T	H		Calculations	
1	2	5	3	3	1		1	4	9	2	8	=38	3+8=11 /2	11/2
2	14 (1+4)= 5						24 (2+4)=6					=11	1+1=2	=11/2

As we discovered earlier with a **Destiny Number of 3** Bella has an expressive and creative approach to life. Her charisma, coupled with her ability to communicate effectively, and share her insightful and often deep views with an audience makes Bella an ideal artist, writer, actor or communicator. Now if we look at Bella's **Minor Expression Number** of 11/2 we are able see what enhances her destiny number is her unique blend of logic, creativity and intuition. However Bella must be mindful in her desire to express and communicate that she does not become overwhelmed with her emotions.

EXAMPLE TWO:

Minor Expression Name: Oprah Winfrey (No middle name)

Options	O	P	R	A	H		W	I	N	F	R	E	Y		Calculations	
1	6	7	9	1	8		5	9	5	6	9	5	7	=77	7+7=14	1+4=5
2	31 (3+1)= 4						46 (4+6)= 10 (1+0)=1									=5

Minor Expression Name: OPRAH (No middle or Last Name)

Options	O	P	R	A	H		Calculations	
1	6	7	9	1	8	=31	3+1=4	4
2	31 (3+1)= 4							4

As we seen earlier with a Life Path of 7, Oprah certainly has a mindful and intuitive approach to life. Her own search for greater understanding and deeper meaning to life, led her to explore philosophical, spiritual, and/or metaphysical pursuits. Now if we look at Oprah's **Minor Expression Numbers** of 5 and 4 we are able to see what enhances Oprah's destiny Number is her versatility and willingness to always try something new. This coupled with her tireless work ethic and innate ability to be seen as someone who looked upon as a pillar of strength, all work alongside each other to shape or enhance her destiny.



CALCULATING YOUR MINOR EXPRESSION NUMBER:

Current Name: _____

Minor Expression Number

NAME															Calculations				
NUMBER																			
ADD																			

Notes:

Minor Expression Number Themes – Quick Reference

It is recommended that in addition to the Summary listed here that you also refer to the General Meaning Summary on page 44-47 for further insights and information.

Minor Expression Number Summary

Minor Expression 1

In addition to the energy of your destiny number you also have an independent and unique approach to life. With your pioneering spirit and leadership skills you have the ability to go where few travel and pave your own road to create your destiny. With your risk taking courage, your willingness to work harder than most, the world really is your oyster, but you are best suited in autonomous positions or roles of leadership.

Minor Expression 2

In addition to the energy of your destiny number you also have the spirit of cooperation and peacemaking as your approach to life. With your understanding nature and skilled diplomacy you are able to mediate and facilitate harmony and compromise. Your intuition, natural listening skills and desire to help people you make a great healer, alternative therapist or counsellor.



Minor Expression 3

In addition to the energy of your destiny number you also have an expressive and creative approach to life. Your charisma, coupled with your ability to communicate effectively and share your insightful and often deep views with an audience makes you an ideal artist, writer, actor or communicator.

Minor Expression 4

In addition to the energy of your destiny number you also have a practical and down to earth approach to life. You are often seen as the rock or the pillar of strength for people, the one that can be relied on to sort things and get things done. You know what needs to get done to get results and you aren't afraid to put in the hard yards to achieve it.

Minor Expression 5

In addition to the energy of your destiny number you also have a versatile and hands on approach to life. You love new experiences and variety certainly is the spice of life. You are often referred to as the "Jack/Jill of all trades" because of your versatility and willingness to always try something new.

Minor Expression 6

In addition to the energy of your destiny number you also a nurturing approach to life. You are the earth angels; the helpers, carers and nurturers of this life and all in it. You love to assist people and you get a lot of joy, satisfaction and indeed validation from this role.

Minor Expression 7

In addition to the energy of your destiny number you also have a mindful and intuitive approach to life. Your search for greater understanding often leads you to be drawn to philosophical, spiritual, and/or metaphysical pursuits in your quest for deeper meaning.

Minor Expression 8

In addition to the energy of your destiny number your ambition, drive and willingness to work hard means you are often destined for great success with regard to business and career. Balancing the material world and spiritual world is the key to being able to put your gifts and talents to great use.



Minor Expression 9

In addition to the energy of your destiny number you also have compassion, your idealist nature and desire to inspire people and humanity to aim for a higher standard make you a great ambassador and activist for social issues and humanitarian causes.

Minor Expression 11

In addition to the energy of your destiny number you also have a unique blend of logic, creativity and intuition, if you can channel this energy in productive ways you are unstoppable. However keeping this delicate balance can be a challenge and you can often find yourself overwhelmed with your emotions.

Minor Expression 22

In addition to the energy of your destiny number you also have the energy of the Master builder, you are destined to build and create with your visionary qualities and your leadership abilities. You have what it takes to see your project to completion.

Minor Expression 33

In addition to the energy of your destiny number, with this master number you are destined to infuse the world with love, joy and happiness which in turn bring healing on so many levels to the world. You have many talents guided towards assisting the greater good of the world.



Soul Desire Number

Your **Soul Desire Number** is sometimes referred to as your **Soul Urge** or Heart's Desire number. It reveals to us the motivation factor and **what nourishes your soul**. It is what your soul longs to accomplish within this life time.

Calculating your Soul Desire Number

In order to calculate your Soul Desire Number you will need to know your full name at birth. Even if you are currently known by another name, most numerologists believe that your birth name provides the greatest window into your destiny and that this name vibration will continue to remain with you and any adaptations to this name will simply work alongside it to shape your destiny.

Using the Western Pythagorean Chart below, simply give each vowel (AEIOU) in you name the corresponding numerological value. Once every vowel is assigned a value (using the chart) simply add the numbers up to get your Soul Desire Number. In instances where you reach a double digit of 11, 22, 33 (Master Number); you represent them as 11/2, 22/4, 33/6 and look at the key themes for both.

Using the example from the Desiny Number, simply calculate the vowels only (which for purpose of this example will be bolded in **red**).

Western Pythagorean Chart

1	2	3	4	5	6	7	8	9
A	B	C	D	E	F	G	H	I
J	K	L	M	N	O	P	Q	R
S	T	U	V	W	X	Y	Z	



EXAMPLE ONE:

Birth Name: **Bella May Blue**

Options	B	E	L	L	A		M	A	Y		B	L	U	E	Calculations <u>Soul Desire</u>		
Vowels: 1	2	5	3	3	1		4	1	7		2	3	3	5	=15	1+5=6	6
Vowels: 2	5+1=6						1				3+5=8				6+1+8=15 (1=5)=6		6

With a **Soul Desire Number of 6**, Bella is motivated and fulfilled by being able to nurture, love, and care for those in you her world.

EXAMPLE TWO:

Birth Name: **Oprah Gail Winfrey**

Options	O P R A H					G A I L				W I N F R E Y							Calculations				
Vowels: 1	6	7	9	1	8		7	1	9	3		5	9	5	6	9	5	7	=31	3+1=4	4
Vowels: 2	6+1=7						1+9=10					9+5=14						7+10+14=31 (3+1=4)			4

With a **Soul Desire Number of 4**, Oprah is motivated and fulfilled when there is a practicality, stability and security. This makes perfect sense given her upbringing.

CALCULATING YOUR SOUL DESIRE NUMBER:

Full Birth Name: _____

Soul Desire Number

NAME																Calculations
VOWELS																
ADD																

Notes:



Soul Desire Number Themes – Quick Reference

It is recommended that in addition to the Summary listed here that you also refer to the General Meaning Summary on page 44-47 for further insights and information.

Soul Desire Number Summary

Soul Desire Number 1

You are motivated and fulfilled by creating and owning your individuality and independence.

Soul Desire Number 2

You are motivated and fulfilled when your interactions with others are harmonious and peaceful.

Soul Desire Number 3

You are motivated and fulfilled when you are able to express yourself and creativity.

Soul Desire Number 4

You are motivated and fulfilled when there is a practicality, stability and security.

Soul Desire Number 5

You are motivated and fulfilled when you feel a sense of freedom to sample all life has to offer.

Soul Desire Number 6

You are motivated and fulfilled by being able to nurture, love, and care for those in your world.

Soul Desire Number 7

You are motivated and fulfilled when you are able to explore the deeper meaning of life's mysteries.

Soul Desire Number 8

You are motivated and fulfilled when you have created financial/material success.

Soul Desire Number 9

You are motivated and fulfilled by wanting and participating in making the world a better place.

Soul Desire Number 11

You are motivated and fulfilled by inspiring people and helping people transform their lives.

Soul Desire Number 22

You are motivated and fulfilled by creating something that benefits humanity.

Soul Desire Number 33

You are motivated and fulfilled when you are being of service and/or teaching others.



Personality Number

Your **Personality Number** is sometimes referred to as your '**Outer You**' number. It reveals to us the way we show ourselves to the world. This could perhaps be seen as our **public mask** and as such this won't always be a true reflection of your essential nature.

Calculating your Personality Number

In order to calculate your Personality Number you will need to know your full name at birth. Even if you are currently known by another name, most numerologists believe that your birth name provides the greatest window into your destiny and this name vibration will continue to remain with you and any adaptations to this name will simply work alongside it to shape your destiny.

Using the Western Pythagorean Chart below, simply give each consonant in your name the corresponding numerological value. Once every consonant is assigned a value (using the chart) simply add the numbers up to get your Personality Number. In instances where you reach a double digit of 11, 22, 33 (Master Number); you represent them as 11/2, 22/4, 33/6 and look at the key themes for both.

Using the example from the Destiny Number, simply calculate the consonants only (which for purpose of this example will be bolded in blue).

Western Pythagorean Chart

1	2	3	4	5	6	7	8	9
A	B	C	D	E	F	G	H	I
J	K	L	M	N	O	P	Q	R
S	T	U	V	W	X	Y	Z	



EXAMPLE ONE:

Birth Name: **Bella May Blue**

Options	B	E	L	L	A	M	A	Y	B	L	U	E	Personality # Calculations		
Constenants: 1	2	5	3	3	1	4	1	7	2	3	3	5	=24	2+4=6	= 6
Constenants: 2	2+3+3=8					4+7=11				2+3=5			8+11+5=24 (2+4)=		=6

With a Personality Number of 6, Bella shows herself to the world as a caring nurturer.

EXAMPLE TWO:

Birth Name: **Oprah Gail Winfrey**

Options	O	P	R	A	H	G	A	I	L	W	I	N	F	R	E	Y	Personality # Calculations		
Constenants: 1	6	7	9	1	8	7	1	9	3	5	9	5	6	9	5	7	=66	6+6=12	=3
Constenants: 2	7+9+8=24					7+3=10					5+5+6+9+7=32						24+10+32=66		=3

With a Personality Number of 3 which means you show yourself to the world as communicative and optimistic. It is no surprise that Oprah was a beloved TV Personality.

CALCULATING YOUR PERSONALITY NUMBER:

Full Birth Name: _____

Personality Number

NAME																Calculations
Constenants																
ADD																

Notes:



Personality Number Themes – Quick Reference

It is recommended that in addition to the Summary listed here that you also refer to the General Meaning Summary on page 44-47 for further insights and information.

Personality Number Summary

Personality 1

You show yourself to the world as independent and comfortable in your individuality.

Personality 2

You show yourself to the world as understanding and supporting of others.

Personality 3

You show yourself to the world as communicative and optimistic.

Personality 4

You show yourself to the world as down to earth, practical and self-disciplined.

Personality 5

You show yourself to the world as an adventurous and carefree spirit.

Personality 6

You show yourself to the world as a caring nurturer.

Personality 7

You show yourself to the world as a person with depth and thought.

Personality 8

You show yourself to the world as capable and successful.

Personality 9

You show yourself to the world as someone who seeks to improve the world for all people.

Personality 11

You show yourself to the world as a wise and inspirational visionary.

Personality 22

You show yourself to the world as practical, hardworking and capable of achieving goals.

Personality 33

You show yourself to the world as someone who is ready willing and able to lend a helping hand.



Maturity Number

Your **Maturity Number** is sometimes referred to as the Power Number, Attainment Number or **True Self Number**. It is an important number in your Numerology profile as it is believed to reveal insight into your future potential **or ultimate goal for this life**. This essence of our being gradually begin to surface from the ages or 35 – 50 when you gain a better understanding of who you are. It is the gift that comes with maturity, when you stop wasting time and energy on things that are not important or essential to you.

It does not matter what age you are right now, the energy of this number is moving you towards a specific purpose, the older you get the more influence it asserts. While we see the characteristics of this number during childhood, we tend to lose sight of these aspects until mid-life. However, our lives are always being affected by this influence, nonetheless.

Calculating your Maturity Number

In order to calculate your Maturity Number you will need to know your full name at birth. Even if you are currently known by another name, most numerologists believe that your birth name provides the greatest window into your destiny and that this name vibration will continue to remain with you and any adaptations to this name will simply work alongside it to shape your destiny.

Your Maturity number is calculated by adding your Life Path Number with your Destiny Number. Your Life Path Number is calculated by adding all the digits of your full birthdate down until you reach a single digit. In instances where you reach a Master Number (11, 22, 33) you can represent them as 11/2, 22/4, 33/6 and look at the key themes for both.

Refer to page 4 (Life Path Number) and page 9 (Destiny Number).

Western Pythagorean Chart

1	2	3	4	5	6	7	8	9
A	B	C	D	E	F	G	H	I
J	K	L	M	N	O	P	Q	R
S	T	U	V	W	X	Y	Z	



EXAMPLE ONE: Bella May Blue 12th November, 1983

Life Path Number for Bella May Blue is 8

	Day	Month	Year		Life Path #
DOB	12th	November (11th Month)	1983		
Option 1	1+2	+1+1	+1+9+8+3	=26 (2+6=8)	8
Option 2	1+2=3	1+1=2	1+9+8+3=21 (2+1)=3	3+2+3=8	8

Destiny Number for Bella May Blue is 3

Options	B	E	L	L	A	M	A	Y	B	L	U	E	Calculations
1	2	5	3	3	1	4	1	7	2	3	3	5	=39 3+9=12 1+2=3
2	14 (1+4)= 5					12 (1+2)= 3			13 (1+3)= 4			=12 1+2=3	=3

Maturity Number for Bella May Blue is 3

Life Path Number	+	Destiny Number	=	Maturity Number
8	+	3	=	11/2

With a Maturity Number of 3, as Bella mature, so too does her self-expression and creativity which may inspire her to pursue some type of artistic endeavour, such as writing, acting, or music, if she has not already done so.

EXAMPLE TWO: Oprah Gail Winfrey January 29, 1954

Life Path Number for Oprah Winfrey

	Day	Month	Year		Life Path Number
DOB	29th	January (1st Month)	1954		
Option 1	2+9	+1	+1+9+5+4	=31 (3+1)=4	4
Option 2	2+9=11/2	1	1+9+5+4=19(1+9)=1 0 (1+0)=1	11+1+1=13 (1+3)=4	4

Destiny Number for Oprah Winfrey is 7

Options	O	P	R	A	H	G	A	I	L	W	I	N	F	R	E	Y	Calculations
1	6	7	9	1	8	7	1	9	3	5	9	5	6	9	5	7	=97 9+7=16 1+6=7
2	31 (3+1)= 4					20 (2+0)= 2				46 (4+6)= 10 (1+0)=1							=7



Maturity Number for Oprah Winfrey is 11

Life Path Number	+	Destiny Number	=	Maturity Number
4	+	7	=	=11 Master Number

With a Maturity Number of 11 (Master Number), it was not surprise that she was at her peak when she reached the parameters of her maturity point (35years – 50years). This would have propelled towards empowering, enriching and inspiring others to be their full potential. This is so appropriate for Oprah’s role as an inspirational teacher and motivator.

YOUR MATURITY NUMBER:

Full Birth Name _____ D.O.B _____/_____/_____

Life Path Number

	Day	Month	Year	Life Path Number
DOB				
Calculation				

Destiny Number

NAME	Calculations																			
NUMBER																				
ADD																				

Maturity Number

Life Path Number	+	Destiny Number	=	Maturity Number
	+		=	

Notes:



Maturity Number Themes – Quick Reference

It is recommended that in addition to the Summary listed here that you also refer to the General Meaning Summary on page 44-47 for further insights and information.

Maturity Number Summary

Maturity 1

As you mature, so does your drive, determination and ability to take charge. You will find that you need to honour your increasing need for independence and individuality.

Maturity 2

As you mature, so does your ability to be influential and diplomatic where others are concerned. Your talent for understanding and working with other people grows and you gain a great deal of satisfaction from seeing the fruition of your own ideas come about, the result of teamwork and cooperative efforts.

Maturity 3

As you mature, so does your self-expression and creativity which may inspire you to pursue some type of artistic endeavour, such as writing, acting, or music, if you are not already involved in one of these areas.

Maturity 4

As you mature, you will find that you are increasingly practical, organized, and far more down to earth. You become more focused and goal-oriented and less willing to discard details and cut corners. It also promises to be a productive and active time of accomplishment.

Maturity 5

As you mature, you're as fast paced as ever as your influence grows and you become more versatile and dynamic in your scope of influence. Travel, adventure, exciting and unexpected events keep your life interesting, original and creativity.

Maturity 6

As you mature, do not be surprised if you are drawn to healing, counselling or teaching. You have a growing ability to offer comfort and sound advice to those in need and you may also become increasingly concerned with the wellbeing of family, friends, and community.



Maturity 7

As you mature, your interest may lead you down the path of philosophy, religion or spirituality as your quest for a deeper understanding of who you are and what this life is all about come to the forefront. Your intuition also grows stronger at this time.

Maturity 8

As you mature, success and financial reward grow as you find it easier to overcome difficulties that manifest in your path. Your capacity to use power in a positive way enhances your influence within your community, which also provides you with a deepening sense of commitment to your work.

Maturity 9

As you mature, so too does your concern for the well-being of society and your pull towards public service and humanitarian efforts. In addition to this your appreciation of the arts also comes to the forefront.

Maturity 11

As you mature you pull towards empower, enriching and inspiring others to be their full potential steers you towards become a spiritual teacher, coach or motivator. Your intuition gets stronger as does your interest in spiritual endeavours.

Maturity 22

As you reach this point of maturity so too does your concern with humanitarian and community causes strengthen. You have the capacity as a Master Builder to turn dreams into reality through your practicality.

Maturity 33

As you mature you may find that you are drawn to roles such as teaching, healer, counselling, art or entertainment. Part of your challenge is to turn the pain you see and feel in the world into something tangible that makes a difference to the world.



Birth Day Number

Your **Birth Day Number** is sometimes referred to the Day Number, reveals the insights to your **special gifts and talents**. This set of gifts and talents are what will assist you through life to reach your destiny. Some Numerologists believe that in addition to this, it can also reveal the strengths and limitations of your personality.

Calculating your Birth Day Number

Calculating your Birth Day Number is as simple as adding the digits of your day of birth together to reach a single digit. Unless of course you were born on the 1st-9th, then this day would be your Birth Day Number. Remember, in instances where you reach a double digit of 11, 22, 33 (Master Number) you represent them as 11/2, 22/4, 33/6 and look at the key themes for both.

EXAMPLE ONE: **Bella May Blue** 12th November, 1983

Date of Birth	Day of Birth	Day of Birth Number
12th November, 1983	12 (1+2)= 3	3

The words in bold below are all words that correspond with Ella's gifts and talents as derived from her Birth Day Number 3 from the General Meanings Summary.

The CREATIVE

<div>3</div> <div>Challenges</div>	Expression	Humour	Manifestation	Healing	Spiritual
	Charisma	Dramatic	Inspirational	Creativity	Individual
	Social	Charming	Communication	Diversity	Writing
	Friendly	Artistic	Emotional balance	Optimistic	Enthusiasm
	<i>Irresponsible</i>	<i>Dishonest</i>	<i>Attention Seeking</i>	<i>Sarcastic</i>	<i>Undisciplined</i>
	<i>Scattered</i>	<i>Cynical</i>	<i>Bored more easily</i>	<i>Restless</i>	<i>Gossipy</i>

Ella's main gifts and talents are her ability to be able to communicate, in a way that is creative and expressive. Her charisma, humour and friendliness are great assets as is her individuality.



EXAMPLE TWO: **Oprah Gail Winfrey** January 29, 1954

Date of Birth	Day of Birth	Day of Birth Number
January 29, 1954	29 (2+9)= 11/2	11/2

The words in bold below are all words that correspond with Oprah's gifts and talents as derived from her Birth Day Master Number from the General Meanings Summary.

The INSPIRATIONAL TEACHER

<div>11</div> <div>Examples of Suitable Careers</div>	Illumination	Psychic	Personal Growth	Sensitivity	Inspiration
	Determined	Talent	Trust inner guidance	Compassion	Soul Growth
	Transformation	Limelight	Higher Ideals	Individual	Teacher
	Awareness	Ego	Leap of Faith	Passion	Enlightenment
	Public Speaker	Healer	Motivational Speaker	Teacher	Counsellor
	Public Figure	Mediator	Spiritual Leader	Entertainer	TV Personality

Oprah's main gifts and talents are her ability to enlighten, teach, and motivate people in areas of personal and soul growth. Her passion and determination has inspired countless people to transform their life's and reach for higher ideals with sensitivity and compassion.

YOUR BIRTH DAY NUMBER:

Date of Birth	Day of Birth	Day of Birth Number

Birth Day Number Themes – Quick Reference

It is recommended that in addition to the Summary listed here that you also refer to the General Meaning Summary on page 44-47 for further insights and information.

Notes:



Attitude Number

Your **Attitude Number** can be thought of as the **first impression** others get when they first meet us. This is important to understand as first impression last and people do unfortunately have a tendency to judge the book by its cover. If this Attitude Number is in contrast or opposition to the Life Path Number, it can mean that people don't really know or comprehend who you are. Understanding this can assist you to be mindful of the impression you make on other people.

Calculating your Attitude Number

Your Attitude Number is found by adding your Day of Birth and your Month of Birth together until you reach a single digit. Calculating your Birth Day Number is as simple as adding the digits of your day of birth together to reach a single digit.

EXAMPLE ONE: Bella May Blue 12th November, 1983

Day of Birth	Month of Birth	Attitude Number
12 (1+2)= 3	Nov (11) 1+1=2	5

With an Attitude Number of 5, the first impression others get when they first meet Bella is that she can be a lot of fun. People would see Bella as someone who likes new experiences and adventure.

EXAMPLE TWO: Oprah Gail Winfrey January 29, 1954

Day of Birth	Month of Birth	Attitude Number
29 (2+9)= 11 (1+1=2)	January (1) = 1	3

With an Attitude Number of 3, the first impression others get when they first meet Oprah one of positivity and light heartedness. Oprah's energy would be felt charismatic and energising, unless of course she was having a bad day!

YOUR ATTITUDE NUMBER:

Day of Birth	Month of Birth	Attitude Number



Attitude Number Themes – Quick Reference

It is recommended that in addition to the Summary listed here that you also refer to the General Meaning Summary on page 44-47 for further insights and information.

Attitude Number Summary

1 Attitude:

The first impression others get when they first meet you is of someone who is self-motivated and independent to the point of not wanting to ask others for help. People with an Attitude Number of 1 usually don't believe they are good enough and as such often have self-esteem issues. Because of this they require validation and praise from others in order to achieve their goals.

2 Attitude:

The first impression others get when they first meet you is that you are compassionate and easy going. People with an Attitude Number of 2 are in touch with their intuition and the metaphysical side of life.

3 Attitude:

The first impression others get when they first meet you is that you are the joker or comedian. With your sense of humour and charisma you light up a room. However, if you are in a bad mood, you impact everyone around you with your mood.

4 Attitude:

The first impression others get when they first meet you is that you are the one who has everything sorted and organised. People with an Attitude Number of 4 can be very quiet and reserved. They are often the ones to play devil's advocate to ensure you see all points of view.

5 Attitude:

The first impression others get when they first meet you is that you are playful and fun. They can't wait to go and experience new adventures. It's all about adventure and excitement. People with an Attitude Number of 5 love to flirt and they're usually the life of the party.



6 Attitude:

The first impression others get when they first meet you is the nurturer, which is why people are usually drawn to them. They take care of everybody else and feel most useful when things are out of control and they are fixing it.

7 Attitude:

The first impression others get when they first meet you is that you are perhaps a little aloof or disinterested as people don't get to know what you're thinking or feeling. They keep to themselves and are introspective and it certainly takes effort to get to know them as they reveal themselves slowly. Although it appears that they are not interested, this could not be further from the truth as they are the true observers.

8 Attitude:

The first impression others get when they first meet you is that you are driven to build or increase your business and make money. People with an Attitude Number of 8 have no problem telling you what they really think, even if on occasion it can come across as a little too blunt.

9 Attitude:

The first impression others get when they first meet you is that of a leader. Their attitude is one of show me what to do and I will do it! However this usually comes at the price of feeling exhausted and drained. They need to establish boundaries so that they will not feel depleted by the people in their life.

Notes:



Karmic Lessons Number

When many people hear the word Karma, they think punishment, retribution and consequence for past behaviours. This is not correct. Karma simply refers to the principle of cause and effect and is an empowering concept of personal and spiritual growth. What we do (Cause/Action) has an effect on us (Effect/Karma). The Soul chooses to reincarnate to experience, grow and overcome unresolved issues from previous lifetimes. The **Karmic Lessons Number/s** are simply indicators of **what your soul has come to experience, grow from and resolve**. This energy will continue to present itself until your soul is satisfied that it is resolved.

The absence of Karmic numbers does not mean the absence of growth or experience, it simply means that you will get the growth, experience and resolution from all the numbers within your numerology profile.

Calculating your Karmic Lesson Number

Calculating your Karmic Lesson Number as simple as identifying any missing numbers between 1 and 9 in your full birth name. These missing numbers then represent your Karmic Number/s.

EXAMPLE ONE: Birth Name: **Bella May Blue**

Karmic Numbers for Bella May Blue is 6, 8, 9

B	E	L	L	A		M	A	Y			B	L	U	E	Karmic Numbers		
2	5	3	3	1		4	1	7			2	3	3	5	6	8	9

With Karmic Lesson Numbers 6, 8 & 9 reveals that Bella's soul has come to experience, grow from and/or resolve to strengthen her sense of duty/responsibility, to be able to show consideration towards others; and to learn the role of ambition and financial mastery.

EXAMPLE TWO: Birth Name: **Oprah Gail Winfrey**

Karmic Numbers for Oprah Winfrey is 2 & 4

O	P	R	A	H		G	A	I	L		W	I	N	F	R	E	Y	Karmic Numbers	
6	7	9	1	8		7	1	9	3		5	9	5	6	9	5	7	2	4

With Karmic Lesson Numbers 2 & 4 reveals that Oprah's soul has come experience, grow from and/or resolve to strengthen her ability to be supportive of others, whilst strengthening her practical side.



YOUR KARMIC NUMBERS

Karmic Numbers																	

Karmic Lesson Themes – Quick Reference

It is recommended that in addition to the Summary listed here that you also refer to the General Meaning Summary on page 44-47 for further insights and information.

Karmic Lesson Summary

Karmic Lesson 1

Your soul has come to experience, grow from and/or strengthen your independence.

Karmic Lesson 2

Your soul has come to experience, grow from and/or resolve to strengthen your ability to be supportive of others and to get along.

Karmic Lesson 3

Your soul has come to experience, grow from and/or resolve to strengthen your ability to express yourself through your communication skills and creativity.

Karmic Lesson 4

Your soul has come to experience, grow from and/or resolve to strengthen your practical side.

Karmic Lesson 5

Your soul has come to experience, grow from and/or resolve to strengthen your acceptance of change.

Karmic Lesson 6

Your soul has come to experience, grow from and/or resolve to strengthen your sense of duty/responsibility.

Karmic Lesson 7

Your soul has come to experience, grow from and/or resolve to strengthen your mind.

Karmic Lesson 8

Your soul has come to experience, grow from and/or resolve to strengthen your ambition, drive and financial mastery.

Karmic Lesson 9

Your soul has come to experience, grow from and/or resolve to strengthen your consideration of others.



Pinnacles

When we are referring to **Pinnacles** we are referring to the **mini themes or areas of specialisation**. They can also be seen as your potential areas of achievement, which can then create opportunities to increase your potential for success.

Calculating your Pinnacles

Each person will have four pinnacle numbers. In order to work out your pinnacles you must have calculated your Life Path. Your Life Path is calculated by adding all the digits of your full birthdate down until you reach a single digit, except in instances where you reach a double digit of 11, 22, 33 (Master Number).

Once you have your Life Path Number you simply deduct your Life Path number from the Number 36. Why? Well it is simple, within Numerology a cycle is 9 years; the numbers go up to 9 (with the exception of Master Numbers) and there are 4 pinnacles, so it makes sense to have 4 lots of 9 year cycles! Then once you have this first pinnacle time period you simply add 9 years to the following year to get your next pinnacle cycle.

EXAMPLE ONE: **Bella May Blue** 12th November 1983

Life Path Number for Bella May Blue is 8

Day	Month	Year		Life Path #
12th	November (11 th Month)	1983		
1+2	+1+1	+1+9+8+3	=26 (2+6=8)	8

Pinnacle Numbers and Timing of Pinnacles for Bella May Blue

	Pinnacle 1 36-Life Path #	Pinnacle 2 Next year plus 9 years	Pinnacle 3 Next year plus 9 years	Pinnacle 4 Next year onward
Timing of the Pinnacle	36-8= 28 Pinnacle 1 is from birth to 28 years	29+9= 38 Pinnacle 2 is from 29 years to 38 years	39+9=48 Pinnacle 3 is from 39 years to 48 years	Pinnacle 4 is 49 years onward
Pinnacle	Month of Birth + Day of Birth	Day of Birth + Year of Birth	Pinnacle 1 + Pinnacle 2	Month of Birth + Year of Birth
Calculation	November (11) + 12 th (1+2=3)	12 th (1+2=3) + 1983 (1+9+8+3=21)	5 + 6 =11	Nov (11) + 1983 (1+9+8+3=21)
	11+3=14 1+4=5	3 + (2+1) = 6		11 + (2+1)=14 1+4 = 5
Pinnacle Numbers	5	6	11/2	5



EXAMPLE TWO: **Oprah Gail Winfrey** January 29, 1954

Life Path Number for Oprah Winfrey is 4

Day	Month	Year		Life Path #
29th	January (1 st Month)	1954		
2+9=11	1	+1+9+5+4	=31 (3+1=4)	4

Pinnacle Numbers and Timing of Pinnacles for Oprah Winfrey

	Pinnacle 1 36-Life Path #	Pinnacle 2 Next year plus 9 years	Pinnacle 3 Next year plus 9 years	Pinnacle 4 Next year onward
Timing of the Pinnacle	36-4= 32 Pinnacle 1 is from birth to 32 years	33+9= 42 Pinnacle 2 is from 33 years to 42 years	43+9=-52 Pinnacle 3 is from 43 years to 52 years	Pinnacle 4 is 53 years onward
Pinnacle	Month of Birth + Day of Birth	Day of Birth + Year of Birth	Pinnacle 1 + Pinnacle 2	Month of Birth + Year of Birth
Calculation	January (1) + 29 th (2+9=11)	29 th (2+9=11) + 1954 (1+9+5+4=19)	3 + 3 =6	Jan (1) + 1954 (1+9+5+4=19)
	1+11=12 1+2=3	11 + (1+9) = 21 2+1=3		1 + (1+9)=11
Pinnacle Numbers	3	3	6	11/2

YOUR PINNACLES:

Life Path Number

Day	Month	Year		Life Path #

Pinnacle Numbers and Timing of Pinnacles for Oprah Winfrey

	Pinnacle 1 36-Life Path #	Pinnacle 2 Next year plus 9 years	Pinnacle 3 Next year plus 9 years	Pinnacle 4 Next year onward
Timing of the Pinnacle	36-4= 32 Pinnacle 1 is from birth to 32 years	33+9= 42 Pinnacle 2 is from 33 years to 42 years	43+9=-52 Pinnacle 3 is from 43 years to 52 years	Pinnacle 4 is 53 years onward
Pinnacle	Month of Birth + Day of Birth	Day of Birth + Year of Birth	Pinnacle 1 + Pinnacle 2	Month of Birth + Year of Birth
Pinnacle Numbers				



Meaning of the Pinnacle Themes – Quick Reference

It is recommended that in addition to the Summary listed here that you also refer to the General Meaning Summary on page 44-47 for further insights and information.

Summary of the Pinnacle Cycles

Pinnacle 1:

This represents a time frame where the mini theme or focus will be on learning self-reliance and independence. This may follow a challenging or difficult period in life. The key here is to stay focused on your goals, trust your decisions and your abilities and it will be a period of great personal growth.

Pinnacle 2:

This represents a time frame where the mini theme or focus will be on dealing with others with sensitivity and inner awareness. The key here is to find harmony and balance in life whilst cultivating your patience and inner strength. This pinnacle tends to indicate those who are very sensitive or who bruise easily and have to learn to value themselves more as they tend to be very swayed by the ideas/opinions of others especially earlier in life. If this is a later pinnacle for you it can be about learning to work in the spirit of cooperation with those who have differing opinions and world views than you.

Pinnacle 3:

This pinnacle focuses on the development of latent creative talents like art, writing, etc. It is more about living for the moment and taking things as they come, spending more time enjoying simple pleasures. It also tends to be a highly social number and you may find that during a pinnacle 3 cycle you are very involved with others. 3 is about enjoying a variety of experiences and focusing a lot of personal expression and simple abundance.

Pinnacle 4:

People in this cycle tend to enjoy hard work and are very focused on building themselves up and reaching goals. This is a card of practicality, order, and discipline. Work during this pinnacle tends to pay off greatly later on. This number is very dependable and hardworking and it speaks of building strong foundations.



Pinnacle 5:

This represents a time frame where the mini theme or focus will be on exploring the world around you as you learn to experiment with the experience of life. Personal freedom and meeting exciting new people and exploring new opportunities are at the forefront during this time. A time where it will be easy for you to communicate and promote yourself and/or your message. The key here is to expect change and unexpected events during this time. Prepare for action and enjoy the ride.

Pinnacle 6:

This represents a time frame where love in all forms is at the heart. An opportunity to love and be loved whilst defining your personal boundaries with the highs and lows that come with all relationships. Being of service and responsible for others is the mini theme or focus and you must learn to find balance between the needs of others and your own. Love, family and friends feature heavily as does your creativity and focus in and around the home. The lesson here is to be of service to those you love, not the servant.

Pinnacle 7:

This pinnacle focuses on the development of the self, which allows you to gain a greater understanding of who you are and the bigger purpose of life. It is a time where you might find yourself retreating as there will be a desire to spend time alone. Meditation, contemplation, yoga and spiritual learning all come to the forefront during this period. It is also the perfect time to study or increase your knowledge base.

Pinnacle 8:

People in this cycle have the opportunity to reclaim their personal power and to confront anything that makes you feel disempowered in your inner and/or outer world. This is a great time for manifestation and an attitude aligned with abundance will see you reap some financial windfalls. Business and success are also at the forefront during this period. But for this time to be in your favour you must align yourself with integrity and honesty.

Pinnacle 9:

People in this cycle have a focus on compassion and humanitarianism. Their focus tends to be on others and an attitude of service for the greater good. It is also the energy of the humanitarian heart, which means that you must learn to offer forgiveness to others and more importantly to yourself. It is also an energetic time of closure and endings, so you are supported to let go of anything in your life that is not for your highest good and therefore not in service to you anymore. If you can surrender to the flow of life then success is yours.



Universal Energy

Have you ever wondered why some years just seem so much harder than others?

Why some years seem to just flow with ease and other years feel like you are pushing shit uphill so to speak. Well it can be explained in terms of the Universal & Personal energy numerology...

To me this is one of the foundation aspects of numerology. Understanding the current energy and how you can start to work in alignment with the rhythm and flow of this universal energy is quite simply one of the most valuable tools one can have.

When you move to the beat of the universal energy, it's as if you stop swimming against the current, instead allowing the current to carry and guide you to where you need to be.

Working out the Universal Year Energy

You can calculate the Universal Year Energy by adding together the digits of the calendar year until you reach a single digit. In instances where you reach an 11, 22, 33 (Master Number) you represent them as 11/2, 22/4, 33/6 and look at the key themes for both.

For Example:

YEAR	CALCULATION	Universal YEAR	YEAR	CALCULATION	Universal YEAR
2014	$2 + 0 + 1 + 4 = 7$	7	2017	$2 + 0 + 1 + 7 = 10$ (1+0=1)	1
2015	$2 + 0 + 1 + 5 = 8$	8	2018	$2 + 0 + 1 + 8 = 11$ (1+1=2)	11/2
2016	$2 + 0 + 1 + 6 = 9$	9	2019	$2 + 0 + 1 + 9 = 12$ (1+2=3)	3
			2020	$2 + 0 + 2 + 0 = 22/4$ (2+2=4)	4

A universal year affects everyone as everyone is living in the energy of that year so to speak!



So what does it mean to be in a particular Universal Year?

Each universal year has its own unique vibration. And remember earlier, I said vibration will influence what you are attracting in or giving out, or more importantly what sort of things/experiences you can expect to occur more easily or frequently in that year.

I know it might sound very woo woo, but the more you work with it the more you will see these energetic occurrences, the patterns, the perhaps not so random coincidences.

Key Themes for Universal Years:

Universal Year	Years with this energy	Key Themes	Universal Year	Years with this energy	Key Themes
1	2017 2026	New Beginnings, Action & New Projects	6	2022 2031	Responsibility, Family & Universal Love
2	2018 2027	Co-operation, Compromise & Balance	7	2014 2023	Introspection, Personal & Spiritual Growth
3	2019 2028	Communication, Expression & Creativity	8	2015 2024	Power, Business & Finances
4	2020 2029	Building Foundations, Planning & Hard Work	9	2016 2025	Completion, Endings & Resolution
5	2021 2030	Change, Movement & Transformations	11/2	2018 2027	Illumination & Higher Learning
			22/4	2020	Master Manifesting, Hard Work, Foundations, Discipline and Higher Awareness

Reference: The Numerology Guidebook (Michelle Buchanan)

Personal Year Vibrations

In addition to the universal energy, you also have a personal vibration based on your date of birth. This in many ways is more important than the universal year. The universal year is what is going on globally and locally; your personal year vibration is the beat of your personal rhythm this year.

Have you ever noticed how during some years you felt very restless and eager to begin new undertakings? Or perhaps in other years you felt quite content to stay at home and just focus on your family? This is the influence that your Personal Year can have on you.



Calculating Your Personal Year

Now that we know the Universal Year, we are ready to calculate our Personal Year.

To calculate your Personal Year, simply add your month and day of birth to the Universal Year, until you reach a single digit. In instances where you reach an 11, 22 or 33 (Master Numbers) you represent them as 11/2, 22/4, 33/6 and look at the themes for both.

Date of Birth	Birth Month	Day of Birth	Universal Year	Personal YEAR Month + Day + Universal Year
April 7th	April (4 th Month)=4	7 th =7	2020 2+0+2+0 = 4	4+7+4=15 1+5=6
November 12th	November (11 th Month) = 2	12 th 1+2=3	2020 2+0+2+0 = 4	2 + 3 + 7 = 12 1+2=3

Key Themes for Personal Years

Personal Year	Key Themes	Personal Year	Key Themes
1	New Beginnings, Action & New Projects	6	Responsibility, Family & Universal Love
2	Co-operation, Compromise & Balance	7	Introspection, Personal & Spiritual Growth
3	Communication, Expression & Creativity	8	Power, Business & Finances
4	Building Foundations, Planning & Hard Work	9	Completion, Endings & Resolution
5	Change, Movement & Transformation	11/2	Illumination & Higher Learning

Reference: The Numerology Guidebook (Michelle Buchanan)



Personal Month & Day

Just as each year holds a unique energy for you, so to do months and days. This is helpful with forward planning, business growth, self-care, travel planning and simply understanding the energy that you are working with on any particular day.

To know your personal month you would simply add the year to the month, until you reach a single digit. In instances where you reach an 11, 22 or 33 (Master Numbers) you represent them as 11/2, 22/4, 33/6 and look at the themes for both.

Calendar Month	Universal Year 2020 2+0+2+0=4	Month + Universal Year = Universal Month	Month + Your Personal Year = Personal Month Example: 12 th Nov 2014 = 3 Personal Year
January = 1	4	1+4 = 5	1+9 = 10 (1+0)=1
February = 2	4	2+4 = 6	2+9 = 11/2
March = 3	4	3+4 = 7	3+9 = 3
April = 4	4	4+4 = 8	4+9 = 4
May = 5	4	5+4 = 9	5+9 = 5
June = 6	4	6+4 = 1	6+9 = 6
July = 7	4	7+4 = 2	7+9 = 7
August = 8	4	8+4 = 3	8+9 = 8
September = 9	4	9+4 = 4	9+9 = 9
October (10)= 1	4	1+4 = 5	1+9 = 1
November (11) = 2	4	2+4 = 6	2+9 = 11/2
December (12) = 3	4	3+4 = 7	3+9 = 3

Personal Month Themes:

Personal Month	Key Themes	Personal Month	Key Themes
1	New Beginnings, Action & New Projects	6	Responsibility, Family & Duty
2	Co-operation, Compromise & Listening to Others	7	Introspection, Personal & Spiritual Growth
3	Communication, Expression & Networking	8	Power, Business, Finances & Success
4	Building Foundations, Planning & Hard Work	9	Completion of Tasks, Endings & Resolution
5	Change, Movement & Transformation	11/2	Illumination & Higher Learning

Reference: The Numerology Guidebook (Michelle Buchanan)



Personal Day

Your personal day is found by adding your personal month to that day within the month.

Day Number		Calendar Days		
1	1 st	10 th	19 th	28 th
2	2 nd	11 th	20 th	29 th
3	3 rd	12 th	21 st	30 th
4	4 th	13 th	22 nd	31 st
5	5 th	14 th	23 rd	
6	6 th	15 th	24 th	
7	7 th	16 th	25 th	
8	8 th	17 th	26 th	
9	9 th	18 th	27 th	

EXAMPLE:

On the 18th February 2014, a person with the birthday 12th November will experience a 5 personal day. Which means it's a great day for an adventure, making changes within your life or socialising.

Personal Year Month + Day + Universal Year 12 th Nov 2014	Personal Month Calendar Month + Personal Year	Personal Day Personal Month + Calendar Day
$(1+1) + (1+2) + (2+0+1+4) = 3$	February (2) + 3 = 5	$5 + (1+8) = 14$ $(1+4) = 5$

Personal Day Themes:

Personal Days	Key Themes	Personal Days	Key Themes
1	Begin new project, be proactive & take action	6	Domestic duties, focus on family & loved ones
2	Co-operation and patience with others & compromise	7	Personal day, reflect, rest, meditate or connect spiritually
3	Communication, creativity & networking	8	Power day, success, business matter, Finances & budgets
4	Work hard day, time to tackle things	9	Completion of tasks, de-clutter & spring clean
5	Make Changes, teach, be adventurous, socialise	11/2	Follow your intuition & focus on spiritual development

Reference: The Numerology Guidebook (Michelle Buchanan)



General Meanings– Quick Reference

The INDENDANT

1 Challenges Examples of Suitable Careers	Leadership	Originality	Beginnings	Creativity	Independent
	Fast moving	Loyalty	Goal-striving	Pioneer	Focused
	Invention	Wit	Inner-awareness	Ambition	Action
	Individuality	Courage	Creative Power	Self-reliant	Strong Will
	<i>Overbearing</i>	<i>Stubborn</i>	<i>Opinionative</i>	<i>Aggressive</i>	<i>Intimidating</i>
	<i>Impatient</i>	<i>Insecure</i>	<i>Self-centred</i>	<i>Egotistical</i>	<i>Controlling</i>
	Entrepreneur	Manager	Contractor	Journalist	Politician
	Advisor	Marketing	Corporate Leader	Writer	Military
	Entertainer	Consultant	Business Owner	Life Coach	Public Speaker

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The PEACEMAKER

2 Challenges Examples of Suitable Careers	Peacemaking	Adaptable	Understanding	Tactful	Searching
	Patience	Gentle	Psychic/Intuition	Cooperation	Diplomacy
	Partnership	Caring	Compromise	Balance	Mediator
	Division	Harmony	Adaptable	Sharing	Support
	<i>Indecisive</i>	<i>Negativity</i>	<i>Overly Sensitive</i>	<i>Vulnerable</i>	<i>Critical</i>
	<i>Co-dependent</i>	<i>Lazy</i>	<i>Self-conscious</i>	<i>Weak</i>	<i>Envious</i>
	Healer	Nurse	Social Worker	Mediator	Negotiator
	Counsellor	Teacher	Professional Assistant	Therapist	Politician
	Home Maker	Psychic	Match Maker	Doctor	Care giver

The CREATIVE

3 Challenges Examples of Suitable Careers	Expression	Humour	Manifestation	Healing	Spiritual
	Charisma	Dramatic	Inspirational	Creativity	Individual
	Social	Charming	Communication	Diversity	Writing
	Friendly	Artistic	Emotional balance	Optimistic	Enthusiasm
	<i>Irresponsible</i>	<i>Dishonest</i>	<i>Attention Seeking</i>	<i>Sarcastic</i>	<i>Undisciplined</i>
	<i>Scattered</i>	<i>Cynical</i>	<i>Bored more easily</i>	<i>Restless</i>	<i>Gossipy</i>
	Speaker	Author	Broadcaster	Chef	Entertainer
	Psychologist	Actor	Public Relations	Comedian	Communications
	Journalist	Psychic	Graphic/Web Designer	healer	Child Care
	Hairdresser	Film Maker	Personal Trainer	Coach	Sales Person



The WORKER BEE

4	Foundations	Balance	Conscientious	Reliable	Responsible
	Practicality	Logical	Non-judgmental	Organised	Disciplined
	Grounded	Patient	Materially creative	Persistent	Dedicated
	Hard-working	Planning	Surrender to change	Effort	Building
Challenges	<i>Stubborn</i>	<i>Rigid</i>	<i>Narrow minded</i>	<i>Frugal</i>	<i>Inflexible</i>
	<i>Pedantic</i>	<i>Pessimistic</i>	<i>Over Controlling</i>	<i>Dull</i>	<i>Intolerant</i>
Examples of Suitable Careers	Entrepreneur	Manager	Financial Planner	Farmer	Architect
	Engineer	Accountant	Personal Assistant	Athlete	Landscaper
	Events Manager	CEO	Personal Trainer	Banker	Business Owner
	Book Keeper	Editor	Police Officer	Lawyer	Construction

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The ADVENTURER

5	Freedom	Travel	Transformation	Change	Resourceful
	Adaptable	Teacher	Knowledge seeking	Carefree	Imagination
	Unconventional	Curious	Free-thinking	Exploration	Unattached
	Adventure	Playful	Resourceful	Enthusiastic	Multi-talented
Challenges	<i>Over Indulge</i>	<i>Addiction</i>	<i>Inconsistent</i>	<i>Scattered</i>	<i>Irresponsible</i>
	<i>Superficial</i>	<i>Exaggerate</i>	<i>Non-committal</i>	<i>Dishonest</i>	<i>Hyperactive</i>
Examples of Suitable Careers	Public Speaker	Fire Fighter	Media Professional	Hospitality	Travel Agent
	Stunt Person	Police	Flight Steward	Logistics	Sales Person
	Event Planner	Traveller	Communications	Construction	Teacher
	Hair Stylists	Reporter	Detective	Journalist	Therapist

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The CARE GIVER

6	Responsibility	Family	Caregiver	Service	Marriage
	Relationships	Healing	Generous	Domestic	Environmental
	Understanding	Love	Healthy Boundaries	Community	Health
	Compassion	Nurturing	Romance	Home	Duty
Challenges	<i>Meddlesome</i>	<i>Letting go</i>	<i>Over protective</i>	<i>Bossy</i>	<i>Interfering</i>
	<i>Self-Righteous</i>	<i>Self-Critical</i>	<i>Perfectionistic</i>	<i>Martyr</i>	<i>Smothering</i>
Examples of Suitable Careers	Healer	Parent	Domestic Goddess	Counsellor	Teacher
	Musician	Artist	Health Professional	Carpenter	Construction
	Mechanic	Advisor	Interior Designer	Therapist	Care Giver
	Decorator	Chef	Fashion Industry	Hairdresser	Beautician



The TRUTH SEEKER

7	Introspection	Intuitive	Spiritual Growth	Esoteric	Insightful
	Contemplative	Teaching	Knowledge Quest	Deep	Individuality
	Discovery	Learning	Soul Journeys	Faith	Deep-thinking
	Philosophical	Sage	Personal Growth	Tranquillity	Peaceful
Challenges	<i>Sceptical</i>	<i>Cynical</i>	<i>Small minded</i>	<i>Arrogant</i>	<i>Aloof</i>
	<i>Untrusting</i>	<i>Intolerant</i>	<i>Emotionally Closed</i>	<i>Defensive</i>	<i>Neurotic</i>
Examples of Suitable Careers	Mathematician	Biologist	Spiritual Teacher	Therapist	Psychologist
	Web Designer	Scientist	Computer Programmer	Psychic	Nutritionist
	Investigator	Chemist	Private Investigator	Healer	Engineer

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The BUSINESS LEADER

8	Business	Success	Manifestation	Finances	Abundance
	Achievement	Power	Personal Power	Driven	Career
	Recognition	Strength	Self-disciplined	Integrity	Property
	Money	Justice	Karmic Balance	Authority	Connections
Challenges	<i>Authoritarian</i>	<i>Demanding</i>	<i>Poverty Consciousness</i>	<i>Selfish</i>	<i>Greedy</i>
	<i>Egocentric</i>	<i>Ruthless</i>	<i>Manipulative</i>	<i>Cruel</i>	<i>Intimidating</i>
Examples of Suitable Careers	Executive	Surgeon	Business Leader	Manager	Psychiatrist
	Supervisor	Lawyer	Law Enforcement	Property	Administrator
	Business Owner	Politician	Executive Manager	Banker	Advisor

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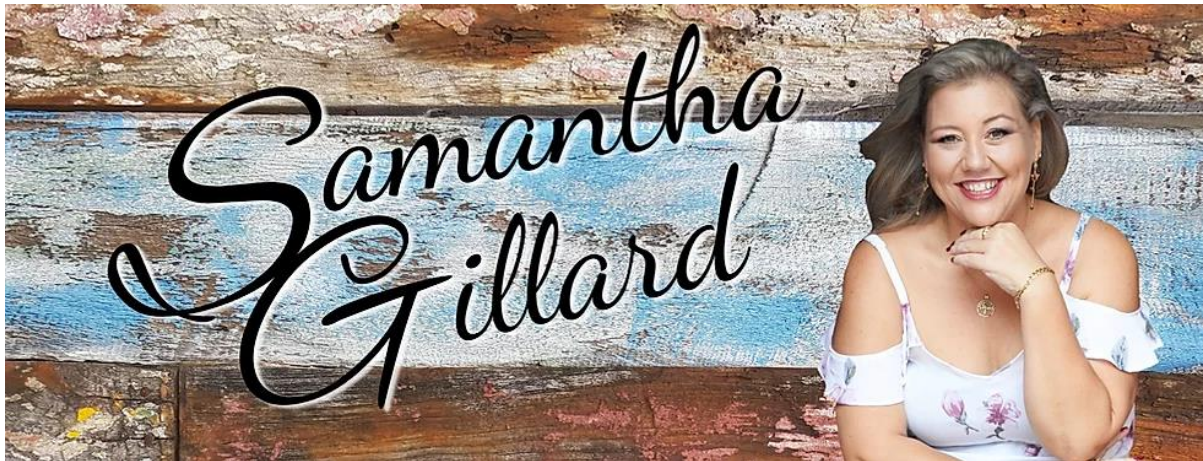
The HUMANITARIAN

9	Completion	Spiritual	Universal Love	Acceptance	Humanitarian
	Service	Endings	Spiritual healing	Intuitive	Transformation
	Forgiveness	Generous	Personal Growth	Compassion	Non-judgment
	Resolution	Letting- Go	Emotional Clearing	Philanthropic	Family Issues
Challenges	<i>Arrogance</i>	<i>Moralistic</i>	<i>Self-righteousness</i>	<i>Pride</i>	<i>Fanaticism</i>
	<i>Unforgiving</i>	<i>Moody</i>	<i>Narrow-minded</i>	<i>Aggressive</i>	<i>Hypersensitive</i>
Examples of Suitable Careers	<i>Philosopher</i>	<i>Judge</i>	<i>Spiritual Leader</i>	<i>Doctor</i>	<i>Educator</i>
	<i>Photographer</i>	<i>Activist</i>	<i>Human Resources</i>	<i>Life Coach</i>	<i>Social Worker</i>
	<i>Public Speaker</i>	<i>Teacher</i>	<i>Alternate Therapist</i>	<i>Healer</i>	<i>Humanitarian</i>

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The INSPIRATIONAL TEACHER					
<div>11</div> <div>Challenges</div> <div>Examples of Suitable Careers</div>	Illumination	Psychic	Personal Growth	Sensitivity	Inspiration
	Determined	Talent	Trust inner guidance	Compassion	Soul Growth
	Transformation	Limelight	Higher Ideals	Individual	Teacher
	Awareness	Ego	Leap of Faith	Passion	Enlightenment
	Obsessive	Jealous	Dishonest	Self-doubt	Unrealistic
	Manipulative	Egotistical	Self-Destructive	Lazy	Possessive
	Public Speaker	Healer	Motivational Speaker	Teacher	Counsellor
	Public Figure	Mediator	Spiritual Leader	Entertainer	TV Personality
	Psychic	Plus all of the suggestions for # 2			

Numerology



International Intuitive expert Samantha Gillard is regarded as a leading authority in areas of Intuition, Energy Psychology, Energy Medicine and practical No BS Spirituality.

Samantha has a degree in Psychology and Criminology (University of Melbourne), has completed studies in Suicide Intervention and Prevention (Griffith University), in addition to gaining qualifications from Cornell University in Therapeutic Crisis Intervention.

A flyer for a mentoring program. At the top, it says 'transformational MENTORING program' in a mix of blue and white fonts. Below that is a dark blue banner with 'APPLY NOW' in white. The text continues: 'With a skill set like no other mentor, Samantha will enable you to bring to life your fullest potential, whilst clearing and disconnecting you from your limitations, fears and insecurities.' There is a photo of Samantha Gillard in a floral dress. Below the photo, it says 'You are destined for a life far greater than the one you are currently living'. At the bottom, it mentions '3, 6 & 12 month programs individually designed and tailored specifically for you!' and provides the email 'info@samanthagillard.com for application pack'. The logo 'Samantha Gillard .com' is at the very bottom.

Samantha Gillard has a unique way of blending her academia with her innate spiritual gifts (Intuition/Healing) in a way that allows for dynamic shifts and profound changes in the lives of her clients. Samantha has worked with people from all over the world, including Celebrities, Politicians, esteemed Business People and successful professionals. Her down to earth, No BS approach to intuition and spirituality has helped demystify intuition, allowing it to be a practical and versatile tool.

She is a powerful, transformative and supportive mentor helping those she mentors to create a life they love and better still a life that loves them back!

Samantha offers a select number of students each year the opportunity to work one on one with her for 3, 6 or 12 months within her mentoring program. This is a unique opportunity not only to learn from Samantha but to be supported and have your gifts nurtured under her guidance.

If you are interested in applying please contact:

info@samanthagillard.com